



Guraha Spa

Wellness Center

OPERATION HOUR: 09:00 AM - 20:00 PM

SWEDISH MASSAGE

A classic European massage incorporating a variety of techniques to treat sore muscles, tension, stress and poor circulation. It improves muscle, tone and creates total relaxation.

60 Minutes: \$75

TROPICAL JOURNEY

Indulge in a truly Maldivian experience. Starting with a seashell massage, using pure indigenous coconut oil, followed by a full body exfoliation with an exotic blend of coconut & vanilla scrub. This treatment will deeply cleanse and moisturise your skin leaving it glowing vibrant and flawless.

90 Minutes: \$115

SUN SOOTHING

The massage will eliminate all the inconvenient consequences of stress, relax your back and relieve tension in the neck. The treatment with extremely rich ingredients of natural & fresh organic Aloe Vera will bring you relaxation and relief from sunburn.

60 Minutes: \$75

AROMA BALM MASSAGE

A gentle massage using Aroma Balm that nourishes with essential oil and sand vitamins to hydrate, firm and protect your skin from dehydration using unique formulations of oils for softer and firmer skin.

60 Minutes: \$80

RELAX & REFRESH

Designed to improve circulation, treat aching muscles and relieve tension with a Swedish full body massage. Followed with a mini facial using cucumber & honey to soften moisturise and hydrate your skin.

90 Minutes: \$115

ORIENTAL MASSAGE

Combination of massages and acupressure, leaves you with deep sense of physical and mental relaxation, revitalisation and well-being.

60 Minutes: \$75

DEEP TISSUE MASSAGE

Aimed at targeting the deeper muscles, this treatment is more focused with pressure. Releasing chronic muscle tension, knots and adhesions in order to increase flexibility. Recommended for sports enthusiasts or chronic pain.

90 Minutes: \$105

HONEYMOON PACKAGE

Couples to indulge themselves in our holistic massages and treatments to pamper you and your partner. Choice of massage, scrub or facial from this list for 2 person.

120 Minutes: \$320

AROMATHERAPY MASSAGE

Indulge your sense with the aromas of essential oils, complemented with long strokes to leave you feeling balanced, soothed and revitalised.

60 Minutes: \$75

SANDALWOOD BODY SCRUB

This deep cleanse exfoliation and body polishing treatment leaving the skin supple and glowing with health.

60 Minutes: \$65

SHIATSU MASSAGE

Shiatsu is Japanese for "finger pressure" using finger and palm pressure and focusing on specific body parts, immerse in a massage that will ease and loosen stressed muscles.

90 Minutes: \$105

COCONUT BODY SCRUB

Indigenous coconut & lime cleanse, exfoliate, and condition the skin.

60 Minutes: \$65



Guraha Spa

Wellness Center

OPERATION HOUR: 09:00 AM - 20:00 PM

HOT STONE MASSAGE

A Tibetan full body and face massage techniques that use basalt stones to relax muscles encourages blood flow, reduce stress

60 Minutes: \$70

AWAKEN FACIAL

A holistic facial custom blended for intensive exfoliation and renewal to promote radiant skin using pressure point stimulation.

60 Minutes: \$70

ALOE VERA BODY SCRUB

Moisturise and hydrates dry and ageing skin while relieving stress. The natural properties of aloe vera can heal damage left from blemishes.

60 Minutes: \$65

THAI MASSAGE

Thai massage techniques focused on pressure point and body stretching to improve flexibility. it's offered full clothed and without oil to re awaken the body's energy flow

60 Minutes: \$70

FOOT REFLEXOLOGY

Reflex point on the feet correspond to every organ and gland in to body restore the natural flow of the body energy and improve your health. this wonderful treatment that will send waves of deep relaxation through your entire body

60 Minutes: \$70

HONEY & CUCUMBER FACIAL

An age old holistic skin healer, honey & cucumber softens and moisturises the skin. Recommend for sun damaged skin.

60 Minutes: \$65

EXPRESS MANICURE & PEDICURE

A quick fix for nails including cut, file and polish or buff

30 Minutes: \$25

LOMI LOMI MASSAGE

It is a Hawaiian massage that uses a combination of all massage techniques with coconut oil to restore energy and soothe the body

60 Minutes: \$70

RELAXING SCALP MASSAGE

Uses six energy line scalp massage to relieve headaches and reduce effects of stress and tension. A truly relaxing massage.

20 Minutes: \$30

BALINESE MASSAGE

The traditional massage is a full body massage using palm pressure and long gentle strokes while applying a unique blend of natural essential oil. This combination stimulates your blood circulation, improves energy flow and drains tension flow.

60 Minutes: \$70

CUPPING MASSAGE

This traditional Vietnamese oil massage incorporates accupressure points techniques with invigorating movement to warm and relax muscle tissue, improve circulation and rejuvenate the body

60 Minutes: \$70

HEAD, BACK & SHOULDER MASSAGE

Starting from back massage to stimulate blood circulation continues with neck and shoulder to relieve muscular pain and drain tension away, then concentrated on the head to effectively ease out accumulated stress and to enhance relaxation

60 Minutes: \$70

All prices are in United States Dollars and exclusive of 10% service charge and prevailing government taxes.

